

Children's *Developmental Milestones*

..... <i>Area of Development</i>				
	Gross Motor	Fine Motor	Hearing/Understanding	Speech
Birth – 3 mos.	<ul style="list-style-type: none"> Physiological flexion (curled, “fetal” position) dominates Active random movement in arms and legs Raises and holds head at 45° 	<ul style="list-style-type: none"> Brings hands to middle of body Perceives hand toys & rattles 	<ul style="list-style-type: none"> Startles at loud sounds Seems to recognize parent’s voice and quiets if crying 	<ul style="list-style-type: none"> Makes pleasure sounds (cooing) Cries differently based on needs
3 – 6 mos.	<ul style="list-style-type: none"> Raise to elbows when laying on his/her front Rolls Sits for 30 seconds by self 	<ul style="list-style-type: none"> Reaches and grasps objects Brings hands together Transfers toy between hands 	<ul style="list-style-type: none"> Moves eyes in direction of sound Responds to change in vocal tones Notices noise-making toys 	<ul style="list-style-type: none"> Babbling or producing more speech-like sounds, including simple consonants like <i>p</i>, <i>b</i>, & <i>m</i> Vocalizes excitement and displeasure
6 – 12 mos.	<ul style="list-style-type: none"> Sits independently Plays with toys while sitting Crawls and/or creeps Sits erect in chair Pulls to stand (9 mos.) 	<ul style="list-style-type: none"> Bangs 2 cubes held in hand Uses neat pincer grasps Points finger Able to deliberately release objects 	<ul style="list-style-type: none"> Enjoys peek-a-boo and patty-cakes games Recognizes words for common items Begins to respond to requests (“Come here,” “Want more?”) 	<ul style="list-style-type: none"> Uses speech or non-crying sounds to get attention Imitates different speech sounds Has 1 or 2 words (“bye-bye,” “dada,” “mama”)
1 -1½ years	<ul style="list-style-type: none"> Stands by self Walks by self 	<ul style="list-style-type: none"> Builds 3-4 cube tower Turns pages in books 	<ul style="list-style-type: none"> Understands simple commands and questions Listens to simple stories and songs Points to pictures in book when named 	<ul style="list-style-type: none"> Produces new words each month Puts 2 words together (“more cookie,” “mommy book”)
1½ - 2 years	<ul style="list-style-type: none"> Carries object while walking Kicks large ball Walks backwards Squats 	<ul style="list-style-type: none"> Imitates circular scribble Imitates crayon strokes Drinks from cup 		
2 – 2½ years	<ul style="list-style-type: none"> Runs Jumps with both feet Walks down stairs by self 	<ul style="list-style-type: none"> Removes pull down pants with elastic waist Assists with putting on socks 	<ul style="list-style-type: none"> Understands most language 	<ul style="list-style-type: none"> Has 50-300 words Uses 2-3 word phrases Majority of speech is understood by familiar listeners Refers to objects by name
2½ – 3 years	<ul style="list-style-type: none"> Throws ball over- and underhand Catches balls of various sizes 	<ul style="list-style-type: none"> Does 3-4 piece puzzles Copies a circle Unbuttons large buttons 		
3 – 4 years	<ul style="list-style-type: none"> Rides tricycles Walks up and down stairs Jumps forward and up Does consecutive jumping 	<ul style="list-style-type: none"> Builds an 8 cube tower Strings ½” beads Puts on socks, shoes, underwear Feeds self with spoon and fork 	<ul style="list-style-type: none"> Understands simple “who,” “what,” “where,” “why” questions 	<ul style="list-style-type: none"> Talks about activities outside of home Non-family can understand speech Uses many 4+ word sentences
4 – 5 years	<ul style="list-style-type: none"> Advanced running & coordination Skips Walks balance beams Somersaults 	<ul style="list-style-type: none"> Traces a line Copies a square Can lace & zip clothes Shows hand preference 	<ul style="list-style-type: none"> Answers simple questions about short stories Understands most language at home and school 	<ul style="list-style-type: none"> Uses detailed sentences Sticks to subject when telling story Says most sounds correctly, except <i>l</i>, <i>s</i>, <i>r</i>, <i>v</i>, <i>z</i>, <i>ch</i>, <i>sh</i>, & <i>th</i> Uses grammar properly
5 years	<ul style="list-style-type: none"> Walks up & down stairs holding object Rides bike with training wheels 	<ul style="list-style-type: none"> Prints first name Cuts out shapes Buttons 1” buttons Cuts with knife & fork Colors within lines 		

Consult an expert if you have any questions or concerns about your child’s development.

